



**ARSHA VIDYA VILASAM
FOUNDATION**

तस्माच्छास्त्रं प्रमाणं ते कार्याकार्यव्यवस्थितौ |
ज्ञात्वा शास्त्रविधानोक्तं कर्म कर्तुमिहार्हसि ||

The knowledge of the Ultimate brings complete happiness, and this is unfolded in the Shastras. Therefore, for complete happiness, proper actions as directed in the Shastras, have to be followed.

Bhagavad Gītā - ch 16 verse 24

Swami Guhatmananda Saraswati

(A vedantin who believes in the oneness of all existence)

"Guru gives life to the words of shastra – Shastram Pramanam"

- Swami Guhatmananda Saraswati

Swami Guhatmananda, was initially guided by Swami Omkaranada and later studied Advaita Vedanta, under the intense guidance of Pujya Swami Dayanda Saraswati and Swami Brahma Vidyananda Saraswati at Rishikesh. He was also blessed to be guided further in his studies by Swami Paramarthananda of Chennai and Swami Divyananda Mandaleshwar.

He has undergone extensive training in Yoga and Pranayama at the BKS Iyengar School of Yogic Studies and also has received lessons from many Acharyas in Rishikesh and Kashi.

His indepth study and research in Jyothisha, Vedic Astrology has led him to establish the Arsha Astro Foundation that guides many people in their quest for happiness and peace in their lives.

His television talks on infusion of Vedanta and life, with reference from our scriptures; complete set of lectures on the 18 Chapters of the Bhagavad Gita on Sri Venkateswara Broadcasting Channel (SVBC), and talks on Mind and Meditation are comprehensive and are very popular with the public.

The Arsha Vidya Vilasam Foundation (AVVF), founded in the year 2006, is a non-profit organisation that aims to uplift the society with dharmic studies of Vedanta, with the help of ancient Indian scriptures.

Swamiji reiterates to his disciples that
"Ignorance of worldly knowledge is inconsequential, Ignorance of the Self is the main cause of all problems and sufferings"



Guru Parampara

सदा शिव समारमभां शङ्कराचार्य मध्यमाम् ॥

अस्मदाचार्य पर्यन्तां वन्दे गुरु परम्पराम् ॥

sadaśiva samārambhāṃ śaṅkarācārya madhyamām |
asmadācārya paryantāṃ vande guru paramparām ||



Pujya Swami

Shri Dayananda Saraswati

Swami Guhatmananda Saraswati was blessed with a comprehensive vision of Vedanta and was ordained with Sanyasa at the Arsha Vidya Pitham, Rishikesh by the 'teacher of teachers', Pujya Swami Dayananda Saraswati, who is a world renowned traditional teacher of Vedanta.



Pujya Swami

Shri Brahmavidyananda Saraswati

Swamiji was also greatly guided in his Vedantic studies by the very humble and compassionate Swami Brahmavidyananda, a disciple of Pujya Dayananda Saraswati.



Pujya Swami

Shri Omkarananda Saraswati

Swamiji received great inspiration to indulge in the traditional studies of Vedanta in the ashram of Swami Omkarananda, who was a disciple of Swami Chidbhananda and Swami Paramarthananda. Swamiji helped in the administration activities of the Sri Vedapuri Ashram founded by this maha acharya in Theni. He was initiated into the studies of Vedanta by Swami Omkarananda in this ashram.

"The Anugraha of the Shastras, the Guru and Ishwara are essential for initiation and bless us to completely immerse ourselves in the study of Vedanta."

- Swami Guhatmananda Saraswati



occasions like the Poornima Puja on every Full Moon Day; the Navarathri Pujas; Sashti Puja; Guru puja on Guru Poornima; Maha Shivaratri is also celebrated with great fanfare. Chandi Homam is regularly performed.

- To enable the serious student of Vedanta to completely dedicate and devote his/her time to spiritual pursuits, spiritual camps have been organised in the serene surroundings of Rishikesh ashram, Anaikatti Ashram and Amboli.

- Yaatraas are organised every year by AVVF, to the temples of Kedarnath, Badrinath, Rishikesh, Varaanasi, besides, specific ones like the Brahmagiri Parikrama at Trayambakeshwar and to the temples in Maharashtra and Tamilnadu.

- The library that is in the premises of AVVF has a golden collection of spiritual books by various authors, on Vedanta, Sri Vidya, Vedic and Sanskrit studies, Puja Vidhi, Sanskrit and Tamil Literature. Some of them are rare books.



ARSHA VIDYA VILASAM FOUNDATION (AVVF) :

Existing Activities :

- This organisation was primarily founded by Pujya Swamiji in the year 2014, primarily, to spread an indepth knowledge of Vedanta among the young and the old with the help of Ancient Indian Scriptures like, the Brahmasutras, the Upanishads, the Puranas and the Bhagavad Gita.
- Under its banner public talks on Vedanta are being organised at Thane (Mumbai), Tiruchirapalli, Tuticorin and Chennai in Tamilnadu.
- Regular Online classes on Bhagavad Gita, Viveka Choodamani, Sri Vidhya Studies and special chanting sessions are being conducted.
- Comprehensive courses on Vedanta, Sanskrit studies and special learning of the Upanishads

are also being held under the expert guidance of Swamiji.

- These classes also focus on the spread Vedic culture and positive samskaras through puja vidhi and chanting among the youth and children.
- Swamiji's Ashram is blessed with the presence of Sri Lalitha Maha Tripurasundari, Sri Raja Mathangi with the Meru (Sri Chakra), Sri Varahi, Sri Dakshinamurthy, Sri Siddha Lakshmi Sahita Maha Ganapati, Sri Valli Devasena Sahita Shanmukha Subramaniyar, Surya Bhagavan, Shri Vishnu and Shri Lakshmi, for whom pooja is offered everyday and on special occasions
- Swamiji believes that puja is an important sadhana for spiritual growth. Hence, besides Nithya Pujas, Homas and Yagnas are conducted by Swamiji himself on special



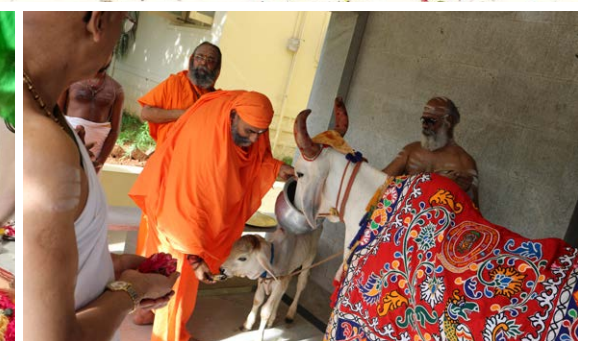
"The thought that attracts you, is the gateway to karmaphala"

- Swami Guhatmananda Saraswati



OUR FUTURE VISION :

- To provide holistic education for needy students, institute scholarships and award them to deserving candidates.
- To undertake research in the fields of Jyothisha, Yoga and other Indian Cultural and classical arts.
- To establish, build, run and maintain an ashram that will shelter a Meditation Centre and Yoga Centre, that will benefit all sections of the society, irrespective of caste, creed, religion, nationality or sex in India and abroad.
- To arrange psychological, moral and physical growth through teaching of the Vedas, Upanishads, Puranas and the Gita in its own premises.
- To publish periodic journals, publications and books on spirituality and on eminent personalities.
- To arrange Pravachans and Satsanghs for the benefit of people from all sections of the society.
- To initiate a base with modern amenities, for establishing the traditional system of Gurukul study to prepare, train and equip students with a scholarly knowledge of Indian traditions and literature.
- To construct and maintain a library that will contain a collection of books pertaining to all fields of scientific study of Vedanta, Sri Vidya, Jyothisha, Sanskrit and Tamil Literature like Tiruvacakam, from our ancient literature and develop a research centre.
- To carry out the above activities, we are in the process of acquiring land and constructing a building.
- Donations qualify for tax deduction under section 80G.



“Vedic rules and regulations are not meant to complicate human life; they help to establish ‘chitha shudhi’ in us, thereby, paving the way to lead a dharmic life.”

- Swami Guhatmananda Saraswati



Sri Vidya And the Study of Vedanta



An Insight into Pujya Swami Guhatmananda Saraswati's unique teaching methodology

Vedanta is a Darshanam, dealing with the substratum of creation, the Brahman and the Prakrithi that encompasses Srishiti, Sthiti, Layam, Tirodhanam and Anugraham, which are the pancha kriyas. Even when ultimate realisation dawns that everything is nothing but Brahman, our life continues according to the prarabdha, that we have earned in the past.

Sri Vidya, in contrast, is a supreme science, a Tantra Gyanam, that helps in the expansion of knowledge, protects us from our own karma phala and it is a discipline that includes all aspects of spiritual progress. It is a comprehensive study of Mantra, Yantra and Tantra, having its base in the knowledge and rituals of the Vedas and the Agamas. The Sri Chakra Meru is a unique construction that deals with all the hidden secrets of the Universe. The worship of the Meru brings abundance of power and grace to its worshippers, provides positive

energy and diminishes all the problems in an individual's life. This requires proper initiation (Mantra Deeksha) and guidance from an authentic Sri Vidya Shodasi Guru.

Swamiji works with focussed dedication to seamlessly weave the twain together, in every sincere follower of this Sanathana Dharma, so that, it will enable them to 'live life like a king, and not a slave'.

Pujya Swamiji is a distinguished and eminent Guru, who has integrated the knowledge of Srividya and Vedanta in an inimitable manner. An authentic Guru, Swamiji interknits together, all the wisdom of the Shastras, that he has imbibed from his Acharyas, with the sacred knowledge of the Sri Vidya, in his daily life, with Aavarana Pujas for the Meru (Sri Chakra).

Swamiji, facilitates easy understanding of the delicate balance that exists, between the vast conceptual knowledge of Vedanta and the intricate details of various aspects and rituals involved in Meru Puja through his exceptional teaching methodology.

STUDENTS SPEAK :

"Pujya Swamiji's compassion and dedication, while teaching, is truly divine. He transmits the essence of Vedanta through simple and didactic examples that make it easy for the student, not only to understand, but also, find suitable explanations for the doubts that arise."

- Sonia, Argentina

I am very fortunate to be receiving the profound knowledge of Vedanta from our Swamiji who is an ocean of absolute wisdom. His immense patience, extreme kindness and sympathy has helped me to progress on this spiritual path of Advaita Vedanta steadily. Om Sri Gurave namaha!

- Vrinda Ramanan, Tiruchirapalli



Shastram Pramanam

Swami Guhatmananda Saraswati

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